



EVENT SCHEULDE

**PLEASE NOTE: this schedule is based on 2018 nominations and subsequent session times.
The 2019 times will be updated once nominations have been confirmed by member schools.**

Session 1: D Grade (i) and (ii)

- 7:25am Coaches briefing
- 7:30am General warm up
- 7:45am March on
- 7:50am Commence apparatus warm up / Competition
- 10:00am Approximate finish of Competition
- 10:10am Session concludes after Presentation

Session 2: Open and A Grades

- 9:40am Coaches briefing
- 9:45am General warm up
- 10:05am March on
- 10:10am Commence apparatus warm up / Competition
- 12:10pm Approximate finish of Competition
- 12:20pm Session concludes after Presentation

Session 3: Year 7

- 12:05pm Coaches briefing
- 12:10pm General warm up
- 12:25pm March on
- 12:30pm Commence apparatus warm up / Competition
- 2:40pm Approximate finish of Competition
- 2:50pm Session concludes after Presentation

Session 4: B and C Grades

- 2:45pm Coaches briefing
- 2:50pm General warm up
- 3:10pm March on
- 3:15pm Commence apparatus warm up / Competition
- 5:15pm Approximate finish of Competition
- 5:25pm Session concludes after Presentation