



**QUEENSLAND GIRLS**  
Secondary Schools  
Sports Association

# WORKBOOK

## Hockey

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*Established 1908 - Performance, Participation, Tradition & Innovation*

# HOCKEY

## 1 ELIGIBILITY

- 1.1 Competition will be conducted in Open, Senior and Junior divisions. These grades will be divided into further divisions to suit the nominations from member schools.
- 1.2 Junior teams shall consist of students in Years 7-9, Senior teams shall consist of students in Years 10-12. Open teams may be multi-age.
- 1.3 The maximum number on a team list will be 16 players.
- 1.4 For a team to be able to play the game, the minimum number of players to take and remain on the field will be 7 players. Otherwise the team will forfeit.

## 2 MATCH DURATION:

- 2.1 All matches shall consist of two halves of 30 minutes with a break of five minutes.
- 2.2 Where possible, all Open fixtures shall be played on turf.

## 3 BALL: For all grades, a match ball in good condition shall be used (ie: not a training ball).

## 4 HEAD AND PROTECTIVE WEAR:

- 4.1 Headwear: Only soft-peaked headwear is acceptable.
- 4.2 Protective: It is compulsory for field players to wear mouthguards and shin guards.

## 5 UMPIRES: Refer to Team Sports 11.

- 5.1 Exception: If necessary, umpires for the Junior grade matches may be students from the Open and Senior grades conversant with the current hockey rules.

## 6 SUBSTITUTIONS

- 6.1 A game will be between two teams of not more than 16 players each, but not more than 11 players of each team shall be on the field at the same time.
- 6.2 Each team is permitted to substitute from the maximum of 16 players.
- 6.3 There is no limit to the number of players who may be substituted at the same time, nor to the number of times a player may be substituted.
- 6.4 Substitution of a player may be made only after a player from the same team has left the field.
- 6.5 Time will not be stopped for substitutions except for goal keepers.
- 6.6 Substitutions will not be permitted for suspended players during their suspension.
- 6.7 After completing a suspension, a player may be substituted without first returning to the field.
- 6.8 Players leaving or entering the field should do so at the centre line or such other place on the side of the field decided by the umpires before the game.

## 7 ABANDONED GAMES

If the game is abandoned and at least 50% of the QGSSSA official match time (Refer: Point 2) has been completed, the scores at the end of play will stand.

## 8 VENUE

All schools should attempt to find a venue where all teams are playing on a field that complies with the regulation size.