



**QUEENSLAND GIRLS**  
Secondary Schools  
Sports Association

# WORKBOOK

## Volleyball

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*Established 1908 - Performance, Participation, Tradition & Innovation*

# VOLLEYBALL

## 1 ELIGIBILITY

- 1.1 Competition will be conducted in Open, Senior, Year 10, Year 9, Year 8 and Year 7 grades. These grades will be divided into further divisions to suit the nominations from member schools.
- 1.2 The maximum number on a team list will be 12 players.
- 1.3 For a team to be able to play the game, the minimum number of players to take and remain on the court will be five. There will be a loss of point on the serve for the missing player. The team will forfeit if there are less than five players.

## 2 FIXTURES

- 2.1 A rally point system will be played.

### 2.1.1 Open Grade.

Each match will consist of the best of five sets. The first four sets will be played to 25 points with a two point advantage to win the set. The fifth set will be played to 15 points with a two point advantage needed to win the set. There is no cap.

The deciding set (5th) is played as a tie break whereby -

- (i) the winner of the toss has the choice of service or end; and
- (ii) the teams change ends when a team reaches eight points.

### 2.1.2 Senior, Year 10, 9, 8 & 7 Grades.

Each match shall consist of three sets. The first two sets will be played to 25 points with a two point advantage to win the set. The third set will be played to 15 points with a two point advantage needed to win the set. There is no cap.

The third set is played to 15 points whereby -

- (i) the winner of the toss has the choice of service or end; and
- (II) the teams change ends when a team reaches eight points.

- 2.2 **Year 7:** Servers will be permitted to serve from up to one metre inside the baseline, to be clearly marked by the home school.
- 2.2 Excluding the Open Division, where a game has exceeded one hour 15 minutes, the next scheduled game must start within ten minutes of its completion.
- 2.3 If a game is abandoned, the score will be based on the completed sets (any completed games to have 13 or more points with a two point advantage). For Open, this will be a minimum of two completed sets.

## 3 REFEREES

Refer Team Sports 11.

- 3.1 Schools shall referee alternate sets, the home school refereeing the first set in each grade.
- 3.2 Schools are to provide a stand for the referee.
- 3.3 Each school must supply one (1) linesperson for each match.
- 3.4 Games are not to commence until all court officials are in place.

3.5 **Please note:** Umpires for Years 10, 9, 8 and 7 grade matches may be students from the Open and Senior grades conversant with the current volleyball rules.

4 All players must be numbered on the front and back.

## 5 NET HEIGHTS

<b>Open and Senior</b>	2.24 metres
<b>Year 10</b>	2.15 metres
<b>Year 9</b>	2.10 metres
<b>Year 8</b>	2.10 metres
<b>Year 7</b>	2.10 metres

## 6 SUBSTITUTIONS

6.1 Schools have the option of adopting a Libero player in all grades and this is to be used in conjunction with the twelve (12) substitution rule.

6.1.1 Teams are permitted to have up to two Libero players, with teams able to declare a new libero at the beginning of each set. A change in Libero is only made once a set is complete.

6.1.2 The Libero must be clearly identifiable by wearing a different uniform to the rest of the team and indicated there are a Libero player by marking an \* next to their name/s on the score sheet.

6.2 Twelve substitutions are permitted per set.

6.3 Any player entering the set can only re-enter the set in the same position in the service order.

6.4 Substitutions are not paired. More than two players can be used in the same position in the line-up.

6.5 A player is allowed to be on the court three different times in a set, where starting counts as an entry.

## 7 EQUIPMENT

The home team is responsible for providing all necessary balls for the warm up and game play.

Minimum match ball standard – V300 ball or a ball of equivalent standard.

## 8 WARM UP

8.1 Umpires will control the warm up. A total of 10 minutes is permitted for warm up on the match court, as set out below:

### 8.2 Warm Up Protocol

Warm Up	2 Minutes
Coin Toss	
Spiking from 4	3 Minutes
Spiking from 2	3 Minutes
Serving	1 Minute
Coach	1 Minute

At the conclusion of the 10 minute warm up period, teams will be asked to take the court in preparation for play.